

The Ultimate

Hospital Bag Checklist

BeautyThroughImperfection.com



Labor & Delivery Bag

Granola bars
Book
Phone Charger
Book
Camera
Pillow
Insurance Info
Slippers/Socks

Diaper Bag

Going Home Outfit
Pacifier
Mittens
Lanolin & Nursing pads

Recovery Bag

Journal/Baby Book
Extra PJ Pants
Shirts
Toiletries